

# Wahl® Hot-Cold Neck & Shoulder Vibrating Wrap Quickstart Guide



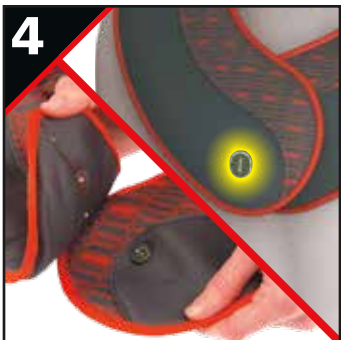
1 Insert two AA batteries (not included).



2 If hot or cold is desired, heat or freeze the gel pack. See *SPECIAL INSTRUCTIONS*.



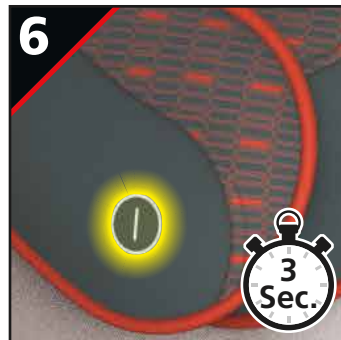
3 Place gel pack in the zippered pocket on the upper back of the wrap.



4 Place vibrating wrap around the neck, using the magnetic closures to fasten in place. To turn the unit on, press the power button once.

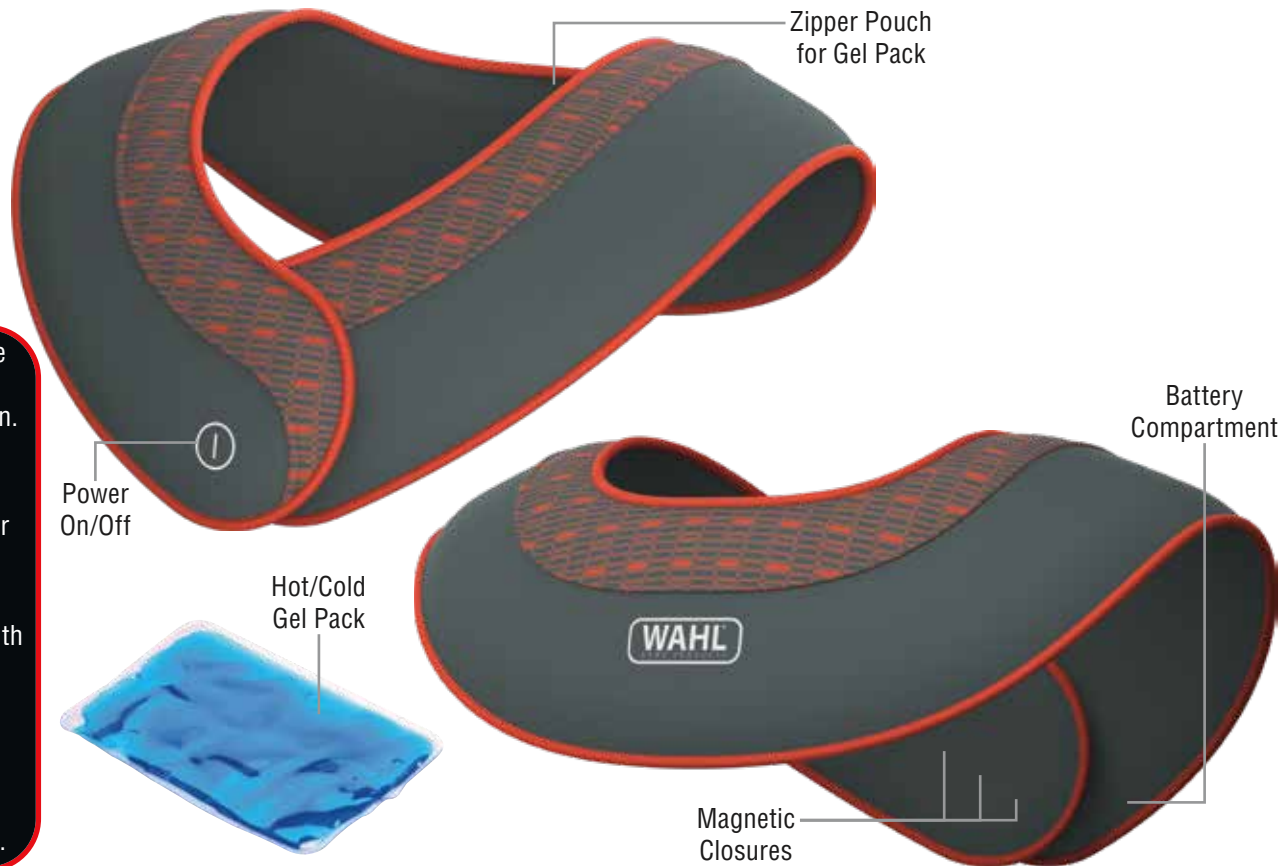


5 To change the intensity, press the power button. Select a high or low setting by pressing the power button successively.



6 To turn the unit off, hold the power button for 3 seconds. This unit automatically turns off after 20 minutes.

# Wahl® Hot-Cold Neck & Shoulder Vibrating Wrap Key Features



**VIBRATING NODES** massage to deliver powerful relief for neck, back, and shoulder pain.

**MAGNETIC CLOSURES** hold the wrap in place. Make sure the unit is flush with the chair or seat to allow for correct massage ergonomics.

**ADD HEAT** for a gentle warmth to enhance blood circulation and soothe aching muscles.

**ADD COLD** to aid acute and chronic pain, muscle pain, arthritis, inflammation, swelling, and injury recovery.